



EWA EMINI

Movement Teacher | Workshop Leader

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SHOWREEL: <https://www.youtube.com/watch?v=bHQliAl-7Yw>

Highly skilled and passionate Movement Teacher with extensive experience in training actors and facilitating workshops. Proven ability to guide individuals and groups in unlocking their physical potential and enhancing their expressive abilities. Committed to creating a supportive and collaborative learning environment. Known for delivering engaging and impactful sessions that inspire creativity and personal growth.

Education

2019-2020	Royal Central School of Speech and Drama (London, UK) MA Movement: Directing and Teaching
2015-2016	Warsaw Dance Department (Warsaw, PL) Contemporary Dance
2012-2014	Academy of Theatrical Practices Gardzienice Physical Theatre and Theatre Making
2005-2010	Collegium Medicum, Jagiellonian University MS Public Health

Skills:

- ❖ Movement Training: Proficient in various movement techniques including Grotowski Technique, Contact Improvisation, Partnering, Expressive Movement, and Bartenieff Fundamentals. Skilled in improvisation, partnering work, and ensemble building.
- ❖ Physical Theater: Experience in integrating physicality with theatrical performance to enhance storytelling and character development.
- ❖ Workshop Facilitation: Ability to design and deliver dynamic and interactive workshops tailored to diverse participant needs and skill levels.
- ❖ Body Awareness: Adept at guiding individuals in developing body awareness, alignment, and control, enabling them to express emotions and intentions physically.
- ❖ Creative Collaboration: Strong facilitation skills to foster a collaborative and inclusive atmosphere, encouraging participants to explore and contribute their unique perspectives.
- ❖ Communication: Excellent verbal and non-verbal communication skills to convey concepts and instructions effectively, adapting to different learning styles.
- ❖ Adaptability: Flexible in adjusting teaching methods and content to accommodate individual and group requirements, ensuring an inclusive and supportive learning environment.

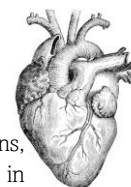
Experience:

Movement for Shakespeare, on Summer Intensive Course: Acting: Shakespeare, [Royal Central School of Speech and Drama] [2023]:

- ❖ Utilized diverse movement techniques to help students embody authentic emotions and expressions in their Shakespearean performances.
- ❖ Designed engaging exercises that facilitated a deeper understanding of the relationship between movement, language, and storytelling.
- ❖ Guided students in exploring the nuances of body language and gestures to enhance the portrayal of characters and their interactions.
- ❖ Provided personalized feedback to students, encouraging them to develop unique movement styles while staying true to the essence of the characters.
- ❖ Created a supportive and inclusive learning environment that allowed students to experiment, take risks, and grow in their movement capabilities.

Actor Movement Teacher | Animal Work | [The Royal Central School of Speech and Drama] | Short Course [2021, 2022, 2023]:

- ❖ Designed and facilitated sessions focused on exploring the physicality, characteristics, and movement qualities of various animals to inspire expressive and transformative performances.
- ❖ Guided students in embodying animal movements authentically and integrating them into their acting and physical storytelling.
- ❖ Emphasized the connection between animal movements and human behavior, highlighting how observing and embodying animal characteristics can enrich and inform the portrayal of human characters.



- ❖ Encouraged students to delve into the essence of each animal they studied, understanding their motivations, instincts, and unique physicality, and applying those insights to human behavior and emotional expression in performance.
- ❖ Fostered a deep appreciation for the nuances and subtleties of animal movement, enabling students to expand their physical range, creativity, and character development on stage.

Actor Movement Teacher | Fundamentals | | [The Royal Central School of Speech and Drama] | [2020]:

- ❖ Devised the module together, focusing on exploring each body part individually and integrating concepts of anatomy, biomechanics, and potential meanings for character building.
- ❖ Examined how specific body parts have been utilized in films to convey storytelling and enhance character development.
- ❖ Designed experiential exercises and exploratory sessions to deepen students' understanding of the body's potential for expression and its role in character embodiment.
- ❖ Led breath work sessions, emphasizing the importance of breath control, breath support, and its integration into performance.
- ❖ Guided students in developing alignment and addressing movement habits to enhance physical expressiveness and prevent injury.
- ❖ Fostered spatial awareness among students, teaching them to navigate the stage effectively and create dynamic stage pictures.
- ❖ Provided individualized instruction and guidance to students, facilitating their growth in physical expression, character development, and overall performance quality.

Freelancer Workshop Leader | Facilitator :

- ❖ Plan and facilitate workshops on movement, physical theater, and improvisation for diverse groups, including actors, dancers, and other performers.
- ❖ Tailor workshop content to meet the specific goals and skill levels of participants, ensuring an engaging and enriching learning experience.
- ❖ Guide participants in developing body awareness, creativity, and collaborative skills through a range of experiential exercises and improvisational techniques.
- ❖ Receive consistently positive feedback from participants regarding the effectiveness and transformative nature of the workshops.

Reconnect with Nature | Hampstead Heath, London | [2022]

- ❖ Designed exercises and activities to deepen participants' connection to nature through movement, encouraging a heightened awareness of their surroundings and a symbiotic relationship with the natural environment.
- ❖ Explored how movement can mirror and draw inspiration from the rhythms, textures, and energies of the natural world, and how to devise a character from it

Lecture for Idocde - International Documentation of Contemporary Dance Education | Symposium MAKING PLACE, TAKING SPACE | [2020]

- ❖ Delivered a lecture titled "How to Work with Movement Online" at the Symposium MAKING PLACE, TAKING SPACE organized by Idocde - International Documentation of Contemporary Dance Education.
- ❖ Explored strategies, techniques, and considerations for effectively teaching and working with movement in online environments.
- ❖ Shared insights and practical approaches to engage and guide participants through virtual platforms, adapting and maximizing the potential of online teaching and learning.

"Ancient Greece Inspirations" Movement Techniques Workshop | Zwierciadla Festival | Bydgoszcz, Poland | 2016

- ❖ Explored movement techniques inspired by the pioneers of modern dance, Isadora Duncan and Martha Graham, along with influences from the innovative Gardzienice Theatre.
- ❖ Incorporated parallel Ancient Greek songs and polyphonic singing into the workshop, creating a holistic exploration of movement and sound inspired by ancient Greek traditions.

Years 2012-2016

- ❖ **Contact Improvisation Teacher | Kontakt Studio, Krakow |**
- ❖ **Partnering Acrobatics Teacher | Gardzienice and Wadowicke Centrum Kultury |**

References: Available upon request.